

15 AI Prompts Every Parent Needs

Copy-paste ready · Homework, Reading, Summer, Screen Time & Teacher Emails

Ø=ÜÚ HOMEWORK

1. Math — "Explain It a Different Way"

When your kid is stuck on a concept and the textbook explanation doesn't click:

My [age]-year-old is stuck on [topic, e.g. "dividing fractions"]. Their teacher explained it one way but it didn't click. Can you explain it in a completely different way — usin...

When science vocabulary is getting in the way of understanding

My [age]-year-old needs to understand [science topic, e.g. "how photosynthesis works"]. Explain it in plain language — no jargon, no textbook definitions. Use an analogy they'd ...

When a big test is coming up and your kid doesn't know where to start

My [grade] student has a test on [subject] in [X] days. The test covers [list topics]. They have about [X] hours total. Create a realistic study schedule broken into daily sessi...

Ø=ÜÖ READING COMPREHENSION

1. Summarizing — "What Actually Happened"

When a kid is stuck on writing a summary and retells everything or nothing:

My [grade] student needs to write a summary for [chapter/book]. Instead of writing it for them, help them build it. Ask 4 questions: (1) Who are the main characters and what do ...

When a vocab question is asking about context, not dictionary definitions

My [grade] student encountered this sentence: "[paste sentence]" and doesn't know what "[word]" means in this context. Don't give them the definition. Instead: (1) Ask what the ...

When a kid freezes at the blank page but knows everything about the book:

My [grade] student needs to write a book report on [title] by [author]. Don't write the report. Instead, interview them like a teacher: (1) Describe what this book is about in 3...

Ø=Üñ SCREEN TIME

1. Age-Appropriate Weekly Screen Time Schedule

When you need fair, personalized limits instead of vague rules that cause daily battles:

Help me create a weekly screen time schedule for my [age]-year-old. Our situation: school is [in-person/hybrid/homeschool], they have [X] hours of required school screen time pe...

When you want to know if your kid's screen time is actually worth it

Please audit my [age]-year-old's current screen activities and categorize each: [list apps, games, YouTube channels, streaming shows]. For each item: (1) Category: Educational, ...

When you need alternatives that actually compete with a screen (not "go read a book"):

Generate 10 screen-free activities for my [age]-year-old. Their interests: [list 3–5 things they genuinely love]. Current situation: [weather/season], we have [X] hours. Availab...

' p TEACHER EMAILS

1. IEP / 504 Meeting Follow-Up

After an IEP meeting when you want written documentation of verbal commitments:

Help me write a professional but warm follow-up email to my child's teacher after our IEP/504 meeting. Date: [date]. Attendees: [names and roles]. Key decisions: [list accommoda...

When you need a brief, professional notification that covers everything in under 100 words:

Write a brief, professional notification email to my child's teacher about an upcoming absence or schedule change. Child's name: [name]. Grade: [grade]. Teacher: [name]. Type: [...]

When you've noticed something and want to open a collaborative conversation, not start a conflict:

Help me write an email to my child's teacher raising a concern about academic progress or behavior. Tone should be collaborative and genuinely curious — not accusatory. Child: [...]

& p SUMMER LEARNING

1. 6-Week Summer Learning Schedule

When you want structure without turning summer into a second school year.

Help me create a 6-week summer learning schedule for my [age]-year-old. Their strongest subjects: [list]. They struggle with: [list]. I want to maintain [skills] and improve at ...

When you want to turn your kid's passion into learning opportunities.

My [age]-year-old is passionate about [interest/hobby]. I want to turn that passion into learning opportunities this summer without it feeling like school. For each subject, giv...

When you want STEM learning without buying a kit or going to the craft store.

Create a 6-week STEM experiment plan for a [age]-year-old using only common household items (nothing to purchase). Each week: one main experiment + one quick 10-minute observati...

